

PERRY FORREST

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SUMMARY

SKILLS

Operated feed mill to specifications of the type of feed needed.
Maintained proper environment for hogs well being.

EXPERIENCE

10/2018 to 04/2019

Equipment Operator

Bear Island Paper WB LLC — Ashland, Va.

- Observed all safety policies and procedures.
- Operated front end loader and dump truck to perform operations in support of Bio Mass.
- Communicated with handheld mobile devices to coordinate job site resources.

03/2014 to 02/2019

Restaurant Manager

Self employed — Cobbs Creek, VA

- Coached team members on food safety and sanitation processes, customer service, menu education and up-selling techniques to drive revenue.
- Trained workers in every position, including food preparation, money handling and cleaning roles.
- Maintained cleanliness and sanitation across all food service, storage, and preparation stations.
- Efficiently resolved problems or concerns to the satisfaction of all involved parties.
- Counseled and disciplined staff, addressing issues promptly and providing constructive feedback.
- Worked closely with the chef and cooks to determine menu plans for special events or occasions.
- Kept facility and equipment in good working condition through regular preventive maintenance and repair schedules.

06/2012 to 06/2014

Traffic Safety Officer

Precon Marine Inc. — Chesapeake, VA

- Complied with operational standards and OSHA regulations.
- Liaised with company safety representatives to promote awareness and understanding of safety protocols.

01/1996 to 06/2012

Contractor

Self Employed — Cobbs Creek, VA

- Followed through with competent execution of project plans by providing proper tools and equipment to all construction personnel.

- Complied with operational standards and OSHA regulations.

06/1978 to 07/2002 **Farmer**

Family Business — Cobbs Creek, VA

- Drove tractors, combine, trucks, tractor trailers, farm equipment.
- Maintained and repaired farming equipment to provide consistent usability, prime operational condition and alleviate downtime.
- Cultivated soil on designated areas of land.
- Purchased supplies, including seeds and fertilizer.
- Monitored weather conditions and adjusted strategies accordingly to avoid losses.
- Inspected structures regularly to identify maintenance needs and coordinate skilled repairs.
- Operated feed mill, Grain Bins and Augers.

EDUCATION AND TRAINING

1981

High School Diploma

Mathews High School — Mathews Va.

April 1, 2019

To whom it may concern,

Due to the unfortunate closing of Bear Island Paper Company many of the employees were faced with finding another job. Bear Island employed approximately 145 employees and with any number of employees there were the exceptional few that significantly contribute to our operation.

I would like to recognize Mr. Perry Forrest for his contribution by reflecting the attributes that he portrayed while here.

- Good leader
 - Continually contribute to the success of the operation
 - Led by example
- Self-motivated
 - Stay very productive without direction
 - Outstanding work ethics
- Good trouble shooting process
 - Methodically analyzed a problems that he faced
- Team Player
 - Never allows a person with the sole burden of accomplishing a job
 - Gained consensus from peers to help with standardization of task
 - Contributes to prevent failures
- Very positive
- Always punctual

Given clear expectations of responsibilities I am sure you too will find Mr. Forrest an asset to your team.

Sincerely,



Mark Cullen

Utilities Superintendent
Bear Island Paper WB LLC

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